

## Appendix 10: Minimum Standard (MS) Table

In accordance with the WPPO Rules and Regulations, the Minimum Standard may be used as an entry criteria for WPPO Championships and Sanctioned Competitions, outlined in the respective Information Package and/or Qualification Guide for each Competition. Additionally, it may be used to award medals based on entry viability and level of Competition (listed below).

Where the age groups are recognised at Competitions, the age of the Athlete is as by 31 December the year of the Recognised Competition.

The weights listed in kilograms (kg).

### Elite Men (15+)

Category	World Championships and Paralympic Games	Regional Championships	Other Sanctioned and Approved Competitions
Up to 49.00 kg	96	87	78
Up to 54.00 kg	101	92	83
Up to 59.00 kg	107	97	87
Up to 65.00 kg	108	99	89
Up to 72.00 kg	125	114	102
Up to 80.00 kg	132	120	108
Up to 88.00 kg	130	119	107
Up to 97.00 kg	129	118	106
Up to 107.00 kg	134	122	110
Over 107.00 kg	140	127	114

### Elite Women (15+)

Category	World Championships and Paralympic Games	Regional Championships	Other Sanctioned and Approved Competitions
Up to 41.00 kg	59	54	49
Up to 45.00 kg	58	53	48
Up to 50.00 kg	66	60	54
Up to 55.00 kg	73	66	59
Up to 61.00 kg	73	66	59
Up to 67.00 kg	73	66	59
Up to 73.00 kg	75	69	62
Up to 79.00 kg	78	71	64
Up to 86.00 kg	83	75	67
Over 86.00 kg	86	78	70

## Legend Men (45+)

Category	World Championships	Regional Championships, Other Sanctioned and Approved Competitions
Up to 49.00 kg	70	61
Up to 54.00 kg	74	64
Up to 59.00 kg	78	68
Up to 65.00 kg	79	69
Up to 72.00 kg	91	79
Up to 80.00 kg	96	84
Up to 88.00 kg	95	83
Up to 97.00 kg	94	82
Up to 107.00 kg	98	85
Over 107.00 kg	102	89

## Legend Women (45+)

Category	World Championships	Regional Championships, Other Sanctioned and Approved Competitions
Up to 41.00 kg	43	38
Up to 45.00 kg	42	37
Up to 50.00 kg	48	42
Up to 55.00 kg	53	46
Up to 61.00 kg	53	46
Up to 67.00 kg	53	46
Up to 73.00 kg	55	48
Up to 79.00 kg	57	50
Up to 86.00 kg	60	52
Over 86.00 kg	62	54

## Next Gen Men (18-20)

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 49.00 kg	70	61
Up to 54.00 kg	74	64
Up to 59.00 kg	78	68
Up to 65.00 kg	79	69
Up to 72.00 kg	91	79
Up to 80.00 kg	96	84
Up to 88.00 kg	95	83
Up to 97.00 kg	94	82
Up to 107.00 kg	98	85
Over 107.00 kg	102	89

## Next Gen Women (18-20)

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 41.00 kg	43	38
Up to 45.00 kg	42	37
Up to 50.00 kg	48	42
Up to 55.00 kg	53	46
Up to 61.00 kg	53	46
Up to 67.00 kg	53	46
Up to 73.00 kg	55	48
Up to 79.00 kg	57	50
Up to 86.00 kg	60	52
Over 86.00 kg	62	54

## Rookie Men (15-17)

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 49.00 kg	52	43
Up to 54.00 kg	55	46
Up to 59.00 kg	58	48
Up to 65.00 kg	59	49
Up to 72.00 kg	68	57
Up to 80.00 kg	72	60
Up to 88.00 kg	71	59
Up to 97.00 kg	70	59
Up to 107.00 kg	73	61
Over 107.00 kg	76	63

## Rookie Women (15-17)

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 41.00 kg	32	27
Up to 45.00 kg	32	26
Up to 50.00 kg	36	30
Up to 55.00 kg	39	33
Up to 61.00 kg	39	33
Up to 67.00 kg	39	33
Up to 73.00 kg	41	34
Up to 79.00 kg	42	35
Up to 86.00 kg	45	37
Over 86.00 kg	47	39

## Version History

Version	Date	Comments
1.0	2022-03-07	Initial document creation.
1.1	2022-05-12	Update to include Legend age group; general adjustments to MQSs reflect 2021 performance levels.
1.2	2023-02-09	Update to term “Minimum Standard” with description to better clarify usage.